

coop deals

DEC 18 - DEC 31, 2024

a key ingredient

SMOOTH AND DELICIOUS

Entertaining family and friends? The co-op has plenty of delicious options to enhance your next gathering. Find great sales on your favorite brands — including Kerrygold Pure Irish Butter, which is perfect for baked goods and savory treats for all your winter get-togethers.



COOPERATIVELY OWNED



3.99

Kerrygold
Pure Irish Butter
8 oz., selected varieties



2/\$7

Q Mixers
Drink Mixers
4 pk.-7.5 fl. oz. cans,
selected varieties



4.49

Quinn
Filled Pretzel
Nuggets
5-7 oz., selected varieties



4.49

Tony's Chocolonely
Chocolate Bars
6.35 oz., selected varieties



The co-op has everything for entertaining all season long.
Share the joy and deliciousness.



2.99

Wildwood Organic Sprouted Tofu
14 oz., selected varieties



lactose-free deliciousness

Organic real dairy cream cheese, with all the richness and versatility but none of the lactose! Perfect for your favorite holiday recipes, from creamy dips and appetizers to mouth-watering desserts.



3.99

Green Valley Organic Lactose-free Cream Cheese
8 oz., selected varieties



4.99

Mt Vikos Feta Cheese
6 oz., selected varieties



Make it your way with the ingredients you love.
Enjoy the savory flavors.

award-winning innovation

Pourable Plant Milk Mozzarella is the secret to perfectly melty, cheesy pizza. Crafted from organic cultured cashew milk to give you a cheesy layer that bubbles, browns and tastes delicious.

4.99

Miyoko's Creamery Organic Pourable Plant Milk Mozzarella
16 oz.



6.99

Wildbrine Organic Sauerkraut
18 oz., selected varieties



6.99

Bubbies Sauerkraut
25 fl. oz.

Find dairy and dairy-free options at the co-op.

cheesy organic options

COOPERATIVELY OWNED

Organic Valley's Shredded Parmesan, Raw Cheddars, 3 Cheese Mexican Blend and 3 Cheese Italian Blend make great options for grilled cheese, pastas or even a midnight snack straight out of the package (we won't tell).



4.49

Organic Valley Shredded Cheese
6 oz., selected varieties



4.49

Organic Valley Parmesan Cheese
4 oz., selected varieties



5.49

Organic Valley Raw Block Cheese
8 oz., selected varieties



2/\$5

Health-Ade Organic Kombucha
16 fl. oz., selected varieties



5.49

Immaculate Organic Cinnamon Rolls
17.5 oz.

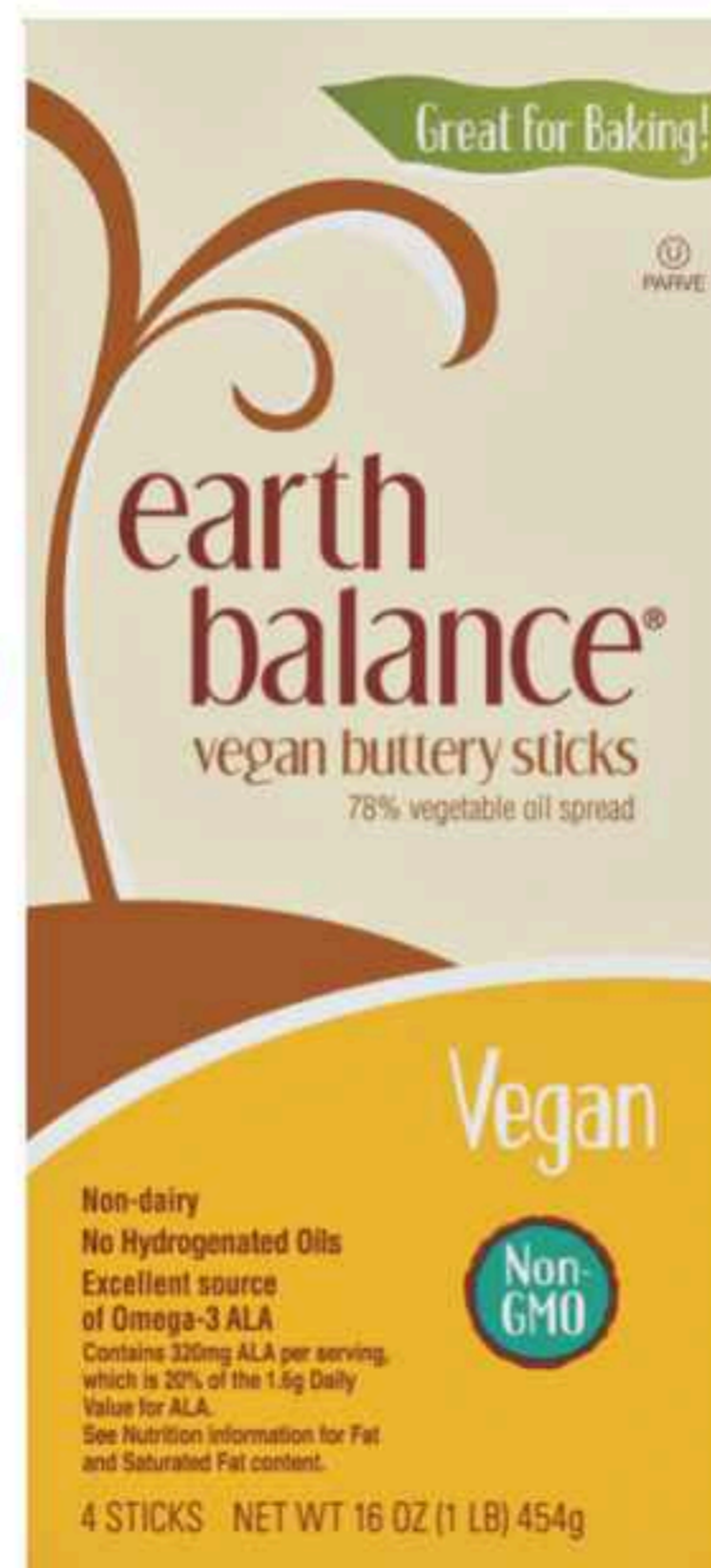


great buttery taste

Earth Balance Vegan Buttery Sticks has made its name as the ultimate toast topper and a crucial part to non-dairy baking. It's creamy, rich and buttery.

4.99

Earth Balance Buttery Spread or Sticks
13-16 oz., selected varieties



4.99

Talenti Gelato or Sorbetto
1 pt., selected varieties

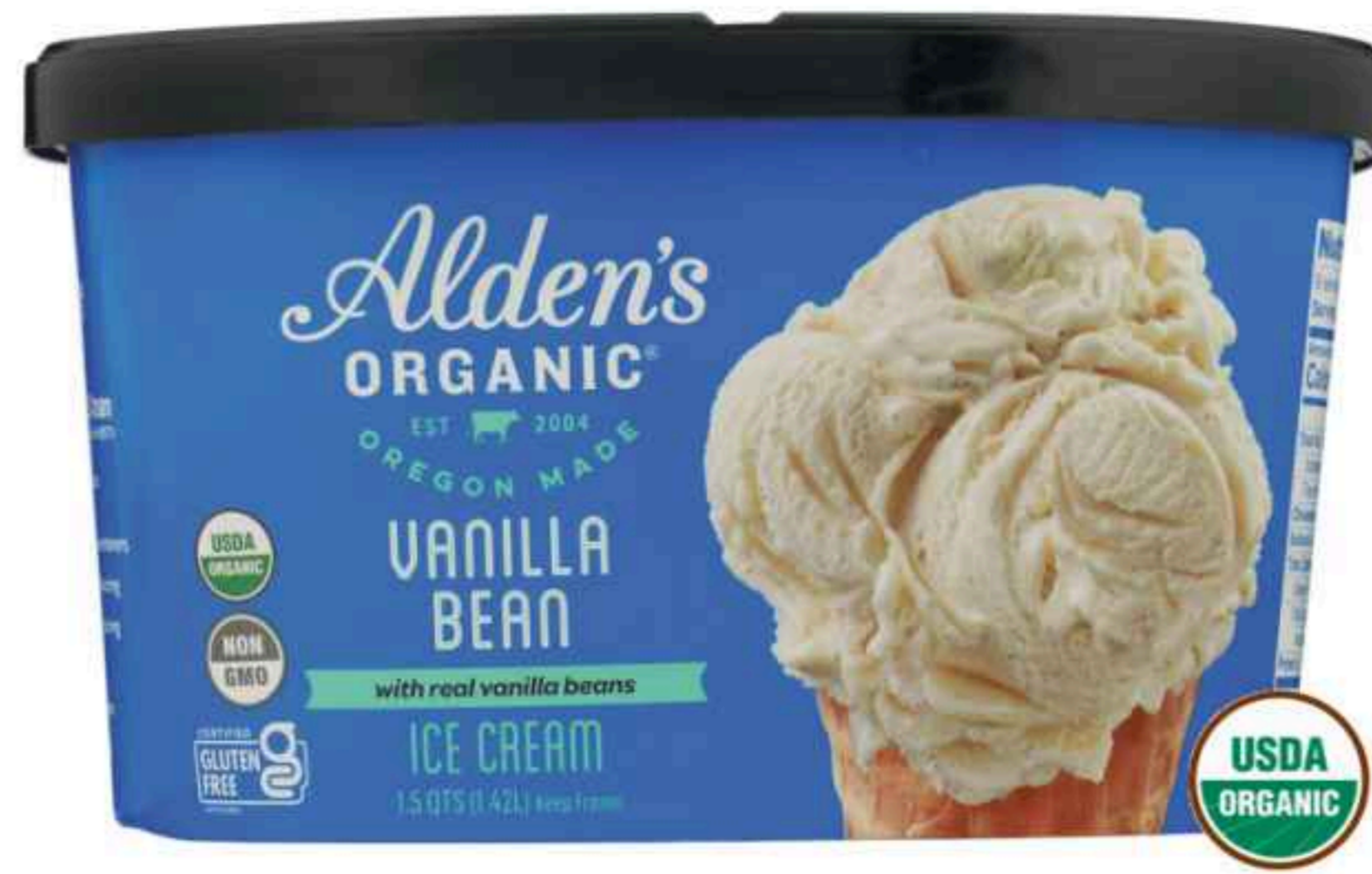
Find refreshing selections at the co-op.

INCLUSIVE TRADE PARTNER

Tucson Tamale started with a large Mexican-American family tradition that turned into award-winning tamales.



5.49 Tucson Tamale Tamales
10-11 oz., selected varieties



a scoop above

Transform your holiday pies with a scoop of Alden's Organic Vanilla Bean, the perfect way to celebrate the season!

8.99

Alden's Organic Ice Cream
1.5 qts., selected varieties



4.69
Alexia Frozen Potatoes
15-19 oz., selected varieties



4.99
Udi's Gluten Free Bread or Bagels
8.5-14.3 oz., selected varieties



a taste of Italy

Made with a premium taste and unique ingredients, Woodstock Frozen Pastas are plant-based meal solutions that are ready in minutes and will make cooking delicious meals at home feel effortless.

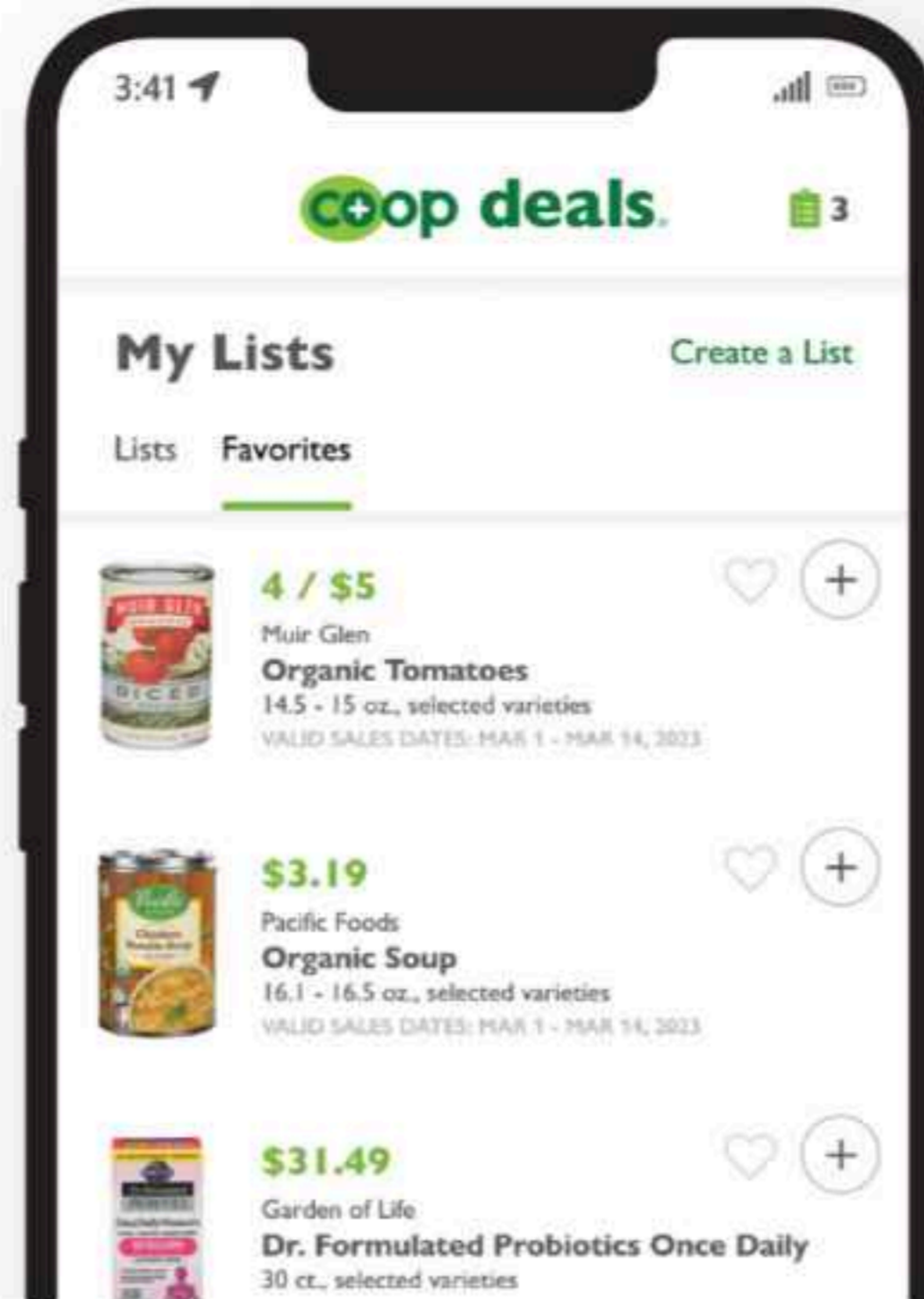
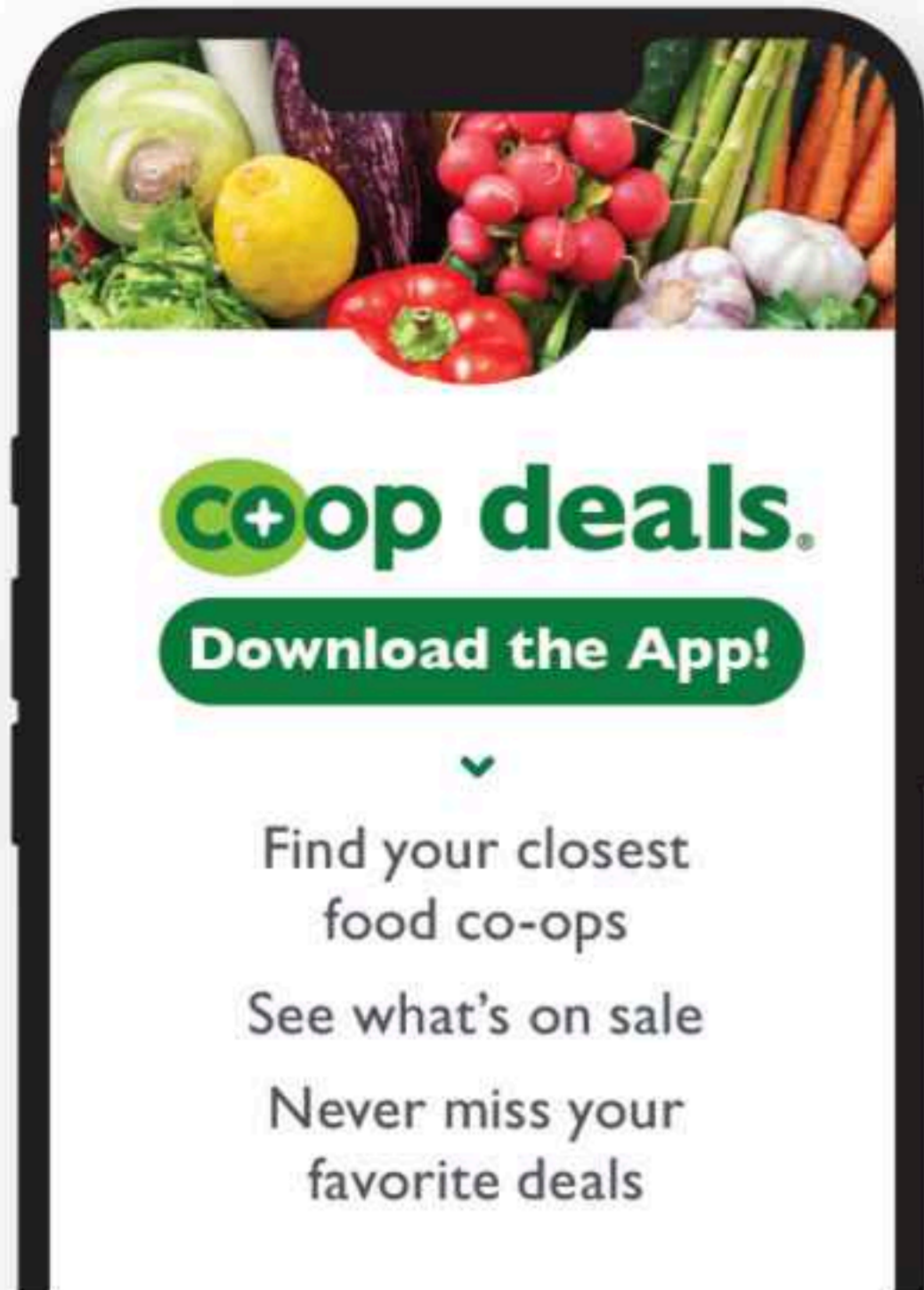
7.49 **Woodstock Organic Filled Pasta**
20 oz., selected varieties



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

Stock the freezer with deals from the co-op.

Never miss your **favorite deals**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



Find out what's on sale at the co-op.
Download the app!



16.99
Spectrum
Organic Extra Virgin
Olive Oil
25.4 fl. oz.



3.79
Pacific Foods
Organic Broth
32 fl. oz., selected
varieties



4.99
Lotus Foods
Organic
Forbidden Rice
15 oz.

COOPERATIVELY OWNED



6.99
Frontier Co-op
Spicy Black Bean
Soup Mix
7.9 oz.



7.99
Lucini Italia
Organic Pasta
Sauce
24 oz., selected varieties

Never miss a deal with the Co+op Deals app.



2/\$7

Pacific Foods Organic Oat Beverage
32 fl. oz., selected varieties



2/\$7

Choice Organics Tea
16 ct., selected varieties



2/\$9

Mom's Best Cereal
17.5-24 oz., selected varieties



4.99

Nature's Path Organic Flour
32 oz., selected varieties



5.99

Enjoy Life Baking Chocolate
9-10 oz., selected varieties

COOPERATIVELY OWNED



8.49

Simply Organic Vanilla Extract
2 fl. oz.



share homemade holiday goodness

Good ingredients make good times! Bring everyone together with delicious homemade treats made with our premium baking flours and whole grain oats. **Bob's Red Mill's** quality ingredients are your key to irresistible treats that bring holiday spirit to your table.



6.99

Bob's Red Mill Gluten-free Rolled Oats
32 oz., selected varieties



7.99

Bob's Red Mill Organic Gluten-free Old Fashioned Rolled Oats
32 oz.



7.99

Bob's Red Mill Organic Flour
5 lbs., selected varieties



8.49

Bob's Red Mill Super-fine Almond Flour
16 oz.

The co-op has all your baking ingredients.



3.79
 Equal Exchange
 Organic
 Chocolate Bars
 2.8-3.5 oz., selected
 varieties



7.99
 Equal Exchange
 Organic Baking
 or Hot Cocoa
 8-12 oz., selected
 varieties



2/\$7
 Equal Exchange
 Organic Tea
 20 ct., selected varieties



9.99
 Equal Exchange
 Organic Coffee
 10-12 oz., selected varieties



*sustainably sourced,
 expertly roasted*

COOPERATIVELY OWNED

From farmer co-ops to **Equal Exchange's** worker-owned co-op to your community co-op. We are committed to sourcing from democratically organized cooperatives that grow coffee with care for surrounding ecosystems, and to supporting long-term partnerships that keep small family farms thriving!



3.79
 Lakewood
 Organic Pure
 Lemon or Lime
 Juice
 12.5 fl. oz., selected
 varieties



4/\$7
 Earth's Best
 Organic Baby Food Pouch
 3.5-4.2 oz., selected varieties



5.49
 Numi
 Organic Tea
 12-18 ct., selected varieties



2/\$9
 R.W. Knudsen
 Sparkling Juice
 Drink
 25.4 fl. oz., selected
 varieties

scoop up the savings in bulk!



1.69
 Organic Yellow
 Popcorn
 per pound in bulk



4.29
 Organic Pitted
 Deglet Dates
 per pound in bulk



7.99
 Organic
 Roasted &
 Salted
 Pistachios
 per pound in bulk

The co-op makes holiday entertaining easy.



get the recipe

EGGNOG CINNAMON ROLLS

Holiday time is eggnog season! In these pillowy rolls, eggnog replaces milk for an even richer, slightly denser result. Nutmeg gives the filling the classic aroma of eggnog, and the walnuts add a little crunch.



2/\$4
Little Secrets
Crispy Wafers
1.4 oz., selected
varieties



2/\$5
The Ginger
People
Ginger Chews
3 oz., selected varieties



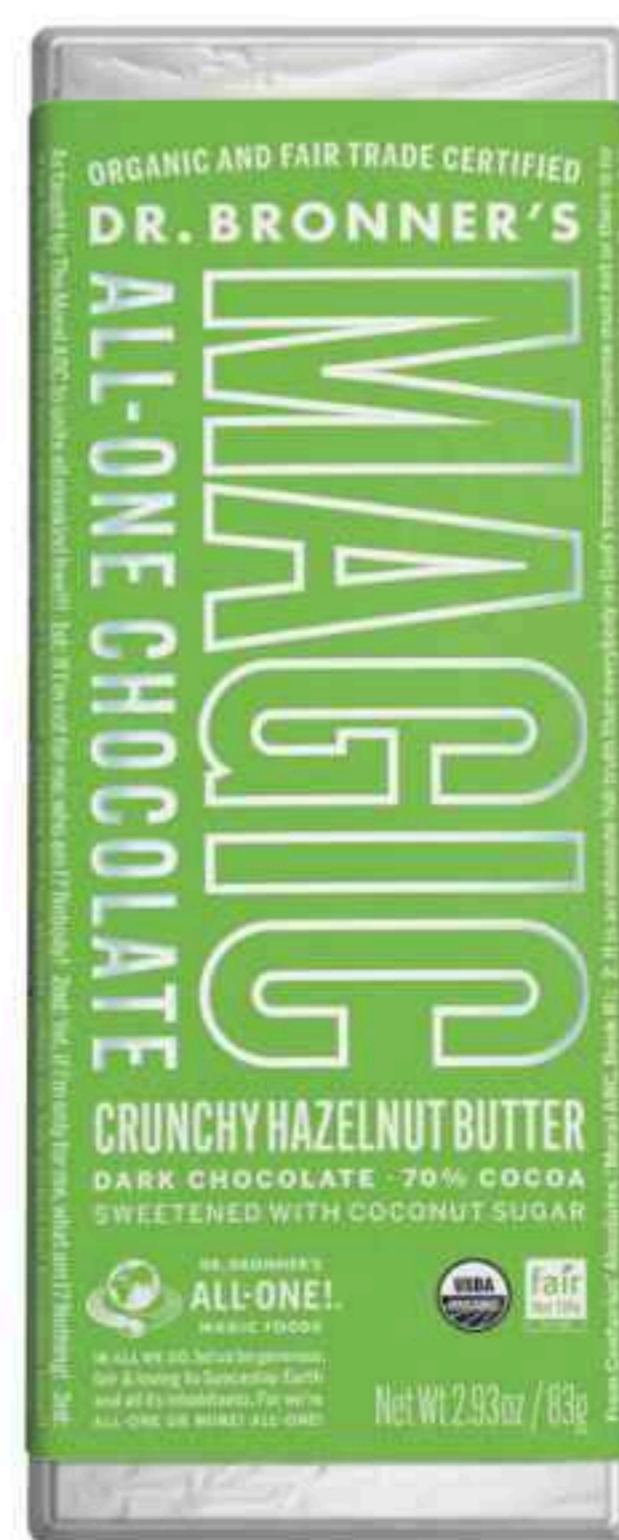
2/\$7
Alter Eco
Organic
Chocolate Bars
2.65-2.96 oz., selected
varieties

taste the magic

Dr. Bronner's Magic All-One Chocolate pairs Regenerative Organic Certified® ingredients with world-class Swiss chocolatiers. Discover Cool Peppermint Cream & Crunchy Hazelnut Butter — vegan, organic, 70% dark chocolate!

2/\$6

Dr. Bronner's
Organic Chocolate Bars
2.93-3 oz., selected varieties



Find great holiday recipes at grocery.coop.



3.29

**From the Ground Up
Cauliflower Crackers**
3.5-4 oz., selected varieties



4.49

**Kettle Brand
Potato Chips**
11.25-13 oz., selected varieties



*authentic gourmet
Mexican salsa*

Frontera is inspired by the vibrant flavors across Mexico. Our salsas are made using produce from local Mexican farms, adding a heightened level of authenticity to deliver the bold flavors you crave.

2/\$7

**Frontera
Salsa**

16 oz., selected varieties



Hosting parties is easier with great products from the co-op.

Yummy snacking essentials.

organic and gluten-free



Our crunchy crackers are made with brown rice, quinoa, flax and sesame seeds. The texture is delicious and has toasty flavors. Try our gluten-free, plant-based and organic crackers today!

3.79

**Mary's Gone Crackers
Organic Crackers**
4.25-6.5 oz., selected varieties



4.49

**Garden of Eatin'
Tortilla Chips**
16 oz., selected varieties

Shop the co-op for party favorites.

2/\$5

**Preserve
Adult
Toothbrush**
each, selected varieties



INCLUSIVE TRADE PARTNER

ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home. We create cleaning products that protect the health and wellness of people, pets and the planet.



3.79

Ecos
Liquid Dish Soap
25 fl. oz., selected varieties

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We create organic body care products with nourishing nutrients.



2/\$5

Badger
Organic Lip Balm
.15 oz., selected varieties



2/\$7

One With Nature
Bar Soap
7 oz., selected varieties



8.99

Hyland's Naturals
Calms Forte
Sleep Aid
100 ct.



13.99

Natural Factors
Organic Oil of
Oregano
1 fl. oz.

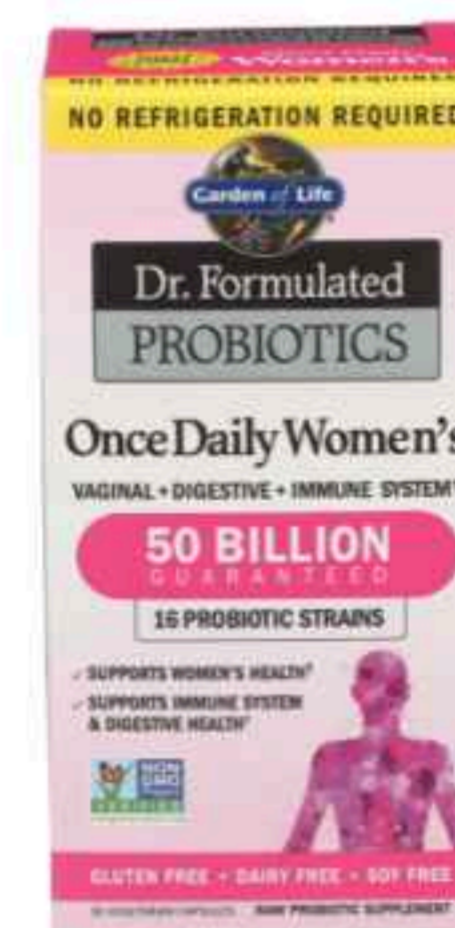


revitalize your hair

Avalon Organics Nourishing Lavender Shampoo and Conditioner work to cleanse every strand of hair leaving it soft, smooth and shiny. Reduces split ends by up to 80%.

7.99

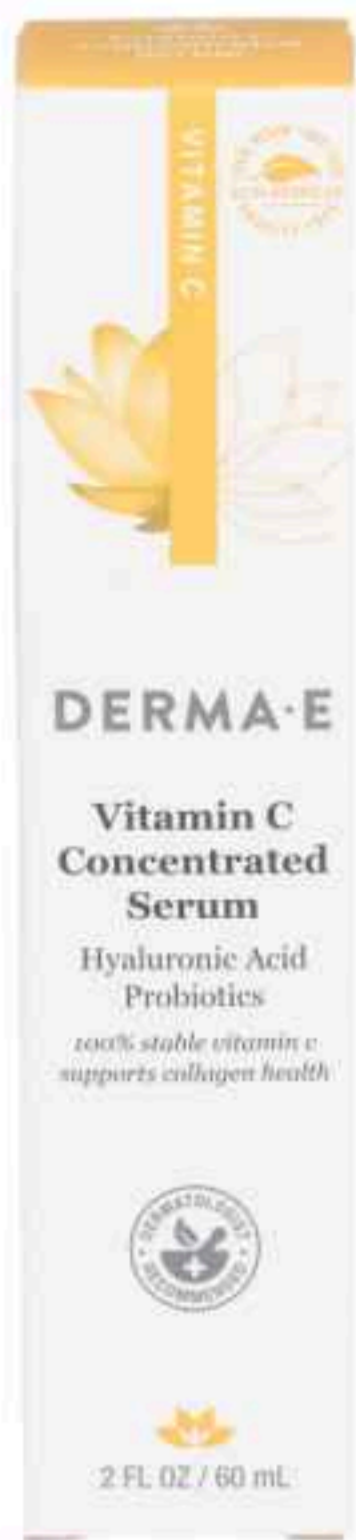
Avalon Organics
Shampoo or Conditioner
11 fl. oz., selected varieties



32.99

Garden of Life
Women's Once
Daily Probiotics
30 ct.

The co-op has the products you trust.



19.99

**Derma E
Vitamin C
Concentrated
Serum**
2 fl. oz.



push for the planet

An eco-friendly option your lips will savor! Organic, vegan, non-GMO, cruelty-free and sustainably packaged. Available in three amazing varieties. "Spread the Love" with every application!

2/\$8

**Booda Organics
Eco Balm**
.3 oz., selected varieties



12.99

**Bass
Large Square Paddle
Hairbrush**
each



9.49

**Now
Lavender
Essential Oil**
1 fl. oz.

pure-castile bar soap



Soft, smooth lather moisturizes face-body-hands-hair! Organic, nutrient-rich, U.S.-grown hemp seed oil nourishes skin. Plant-based and biodegradable, made with certified organic oils, wrapped in post-consumer recycled (PCR) paper, cleans body-mind-soul!

2/\$7

**Dr. Bronner's
Pure Castile Bar Soap**
5 oz., selected varieties



9.99

**Shikai
Borage Therapy Lotion**
8 fl. oz., selected varieties

The co-op helps you feel your best this winter.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market
Ever'man Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op
Blue Hill Co-op
Good Tern Co-op
Portland Food Co-op
Rising Tide Co-op

MARYLAND

Greenbelt Co-op
Supermarket and Pharmacy
The Common Market
TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market
Berkshire Food Co-op
Green Fields Market
McCusker's Market
River Valley Co-op
Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op
Hanover Co-op Food Stores
Littleton Food Co-op
Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Potsdam Food Co-op
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op
Erie Food Co-op
Mariposa Food Co-op

South Philly Food Co-op
Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

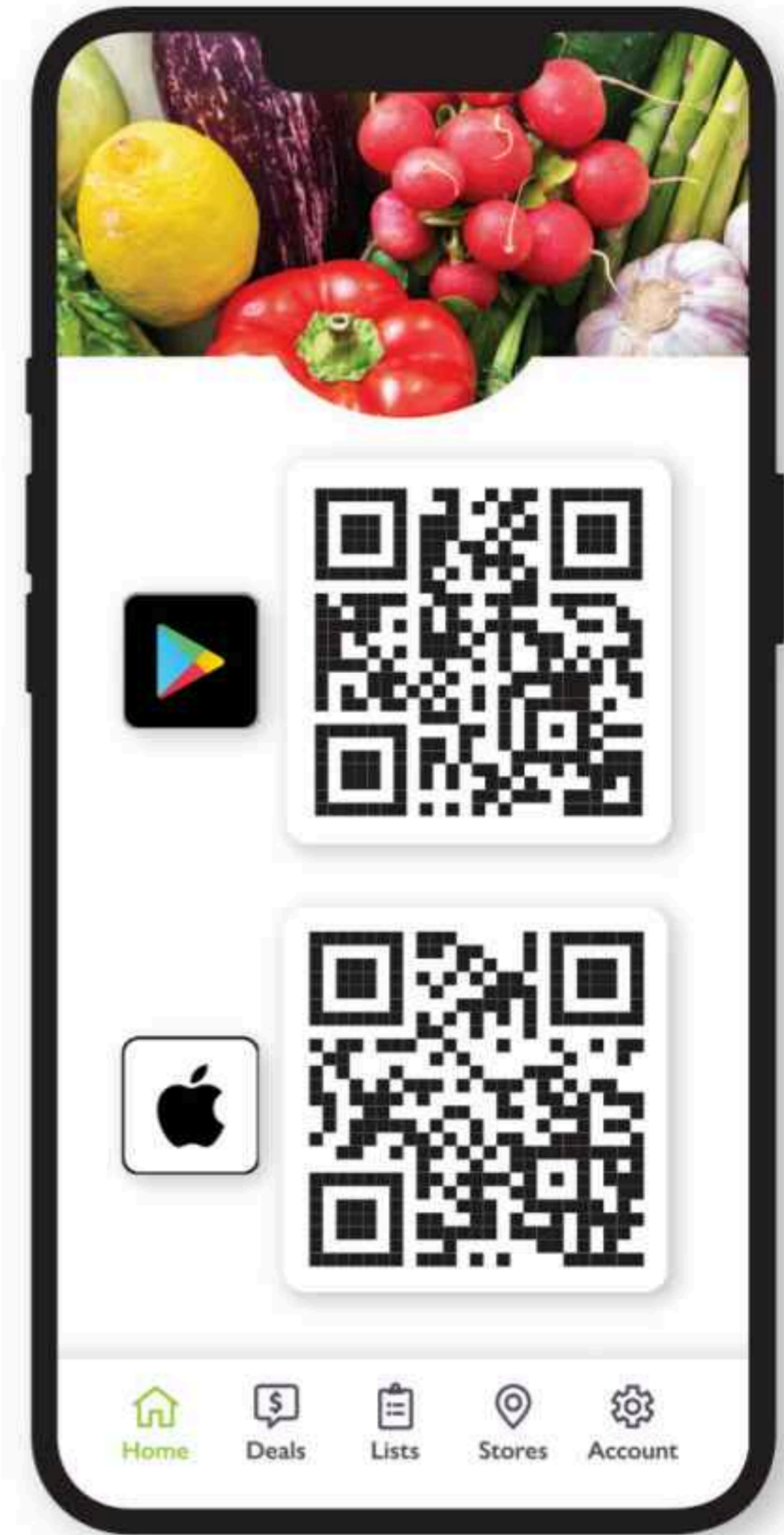
Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Rutland Area Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op
Friendly City Food Co-op
Lovettsville Co-op Market
Roanoke Co-op

coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

See what's on sale with the Co-op Deals app!



'tis the treat season

Justin's crafts USDA-certified organic chocolate treats, including a variety of nut butter cups and chocolate candy pieces in single-serve and multi-serve package options to satisfy any holiday sweet treat craving.

4/\$7

Justin's Organic Nut Butter Cups
1.4 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.

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